

The Senior Scoop

From the Senior Resource Center

Gallia County Council on Aging

March 2026

Dementia Live



The senior center staff participated in Dementia Live. This is an immersive simulation that helps caregivers experience sensory and cognitive challenges faced by people living with dementia. Caregivers develop a deeper empathy for individuals. Dementia Live is being planned for the public in the summer.

Stained Glass Class



The stained glass class was a success!



Puzzle Swap



Join us for the next puzzle swap on March 13th from 9-4!

Pot of Gold Bingo Fundraiser Annual Credit Report

Join us for our first bingo fundraiser of the year on March 7th. Doors will open at 10 AM, and bingo games will start at noon. The purchase of a ticket includes a packet of 14 bingo games. The prizes for all 14 games will be \$100 cash! There are limited seats available, so get your tickets soon! Tickets are \$20 for presale or for members of the senior center. At the door, if there are still tickets available, tickets are \$25 if you're not a member. At the event, there will be concessions, raffles, and special games available for purchase. One special game will be a coverall game with a \$300 cash prize. Stop in at the senior center to get your presale tickets. Be sure to spread the word to all your bingo-loving friends and family!



Survey

1. What are your expectations for the new senior center building?
2. What hobbies, interests, or activities would you like to see in the new senior center building?
3. What kind of recreational activities would you like to see at the new senior center building? Ex: ping-pong tables, pool tables, picnic tables, corn hole, etc

To respond, you can call the senior center, mail in responses to 1165 State Route 160, Gallipolis, OH 45631, or email Marlene at gcco.a.exedir@gmail.com

Financial experts, consumer protection agencies, Ohio Attorney General and banks recommend checking your annual credit report for accuracy and to spot identity theft. There are three bureaus to use to get your report either all at once or staggered throughout the year to check for incorrect balances, addresses, or identity theft. The official website is annualcreditreport.com. Be careful when inputting the website address as there are other look alike websites. This site, annualcreditreport.com is authorized/mandated by federal law to provide free annual credit reports from Experian, Equifax, and Transunion. When you navigate to the official site, you will need to provide your full name, social security number, date of birth, and current address. Choose which bureau you want to receive the report from then review the report carefully checking for mistakes like wrong balances, accounts you don't recognize, incorrect personal details, or signs of fraud. For better security use a computer not a mobile device. Report any errors to the credit bureau and the original creditor.

★★★★★★★★★★★★★★★★★★★★ Become A Red Cross Travel Disaster Responder

Do you want to help your neighbor, locally or nationally? Join a meeting on March 11, 2026 at noon or 6pm to hear from an experienced disaster responder and learn how you can make a meaningful, life changing impact. Marlene can help you register for this free 30 minute virtual informational session.

Work Anniversaries



In January, we congratulated Stevie (1 year), June (1 year), Sarah (1 year), and Greg (4 years) on their work anniversaries and thanked them for their service and dedication.



Newsletter Volunteers



Volunteers spend several hours preparing the monthly newsletters for mailing. After Lily creates, compiles, and prints 300 newsletters, the volunteers assemble, fold, place in envelopes and adhere address labels to each envelope. Their valuable time and dedication is greatly appreciated in getting the newsletters to you.



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Mission Statement: To establish and maintain a meeting place for the aged residents of Gallia County, Ohio and to facilitate the aged in recreational, handcrafts, and other activities. To further the general educational process and to foster and promote planning services in assisting the aged throughout Gallia County, Ohio. To motivate and produce better living conditions for the aged.

Events and Happenings

Gallia County Senior Resource Center

Special Events This Month

Seed Swap – March 6th from 10:30 to 11:30 AM and March 20th from 11 AM to 12 PM

National Oreo Cookie Day – March 6th at 12:30 PM

Pot of Gold Fundraiser Bingo – March 7th Doors open at 10, Games start at noon – See page 3 for more details

Senior Night Out Dinner – March 9th at 5:30 PM - Menu: Chicken Cordon Bleu, Long Grain & Wild Rice, Italian Veggies, Salad, Roll, Chocolate Cake

Legal Clinic – March 12th from 9:30 to 1:30

Puzzle Swap – March 13th from 9 AM – 4 PM

National Chicken Noodle Soup Day – March 13th at 12:30

Cancer Support Group – March 13th and 27th at 2 PM – See page 4 for more details

St. Patrick's Day Party – March 17th at 12:30 PM – Join us for treats and trivia, wear green!

Movie Secondhand Lions at TriCity Theater in Jackson – March 18th Doors open at 1:30 PM, Movie starts at 2 PM

National Chocolate Covered Caramel Day – March 19th at 12:30

Board Meeting – March 19th at 12:30 PM

Spring Craft – March 20th from 11 AM to 2 PM – Come make umbrella holders and bird feeders to celebrate the first day of spring!

Indoor Multi-Family Yard Sale – March 21st from 8 AM to 12 PM

National Chocolate Covered Raisin Day – March 24th at 12:30

National Hot Chicken Day – March 30th at 12:30

Upcoming Events

Rock Painting – April 6th from 10-2

Movie On Golden Pond at Silver Screen VII in Gallipolis – April 15th

Seed and Plant Exchange – April 22nd from 10:30-11:30

Senior Day – May 1st

Plant Exchange – May 8th

Local Happenings

Traveling Bricks at the Bossard Memorial Library from January 17th through April 19th

Community Lenten Luncheons – Noon on Thursdays at Grace Methodist Church (600 2nd Avenue, Gallipolis, OH) from March 6th to April 10th and Good Friday, April 18th